



"Discovering the Truth about Fear"

Pastor Paul Taylor/All Scriptures in NIV

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Pray for Pastor Rod Hinkle ... North Lawrence Christian Church

"All truths are easy to understand once they are discovered; the point is to discover them." Galileo Galilei, 1564-1642 (Italian physicist, mathematician, astronomer, and philosopher)

Our society and fear: What fear(s) are you battling? _____

And to all this Jesus says, **the only one we are to fear is God. Luke 12:4-5**, "I tell you, my friends, do not be afraid of those who kill the body and after that can do no more. 5 But I will show you whom you should fear: Fear him who, after the killing of the body, has power to throw you into hell. Yes, I tell you, fear him. God's truth extends throughout eternity. Satan's lies and his so called power only extends into this lifetime

And again in **1 Peter 3:14-15**, "But even if you should suffer for what is right, you are blessed. *"Do not fear what they fear; do not be frightened."* **15 But in your hearts set apart Christ as Lord.**

What does that mean? _____

In order for me to stay afraid, I have to believe the following lies:

1. What I fear is bigger than God and what he says is true.
2. I cannot let anyone see my fear.
3. I could never survive the losses I hear others go through.
4. I can't trust God or people so it is up to me to protect myself from my fears.

Fear is like prison walls. On the fear side we are uncomfortable, fearful, uncertain, confused, in pain. We don't know how to get out. How would you like to discover how to cross the fear barriers/walls that have become your prison and hold you captive?

With the empowerment of the Holy Spirit:

1. **Repent from believing the lie that God is not who he said he is.**
2. **Expose your fear or sin.** (1 John 1:9)
3. **Face the feared losses, and surrender them to God one at a time.** (Romans 8:28-39)
4. **Obey God by faith and do what is right in his eyes.** (Prov. 3:5-6)

A word about surrendering. It means entrusting whatever we value back to God; Don't put your trust in an outcome, put it in God who is wise and trustworthy.

- **Romans 10: 11**, As the Scripture says, "Anyone who trusts in him will never be put to shame."

Satan only weapon - lies and deception.

- **John 8: 44b**, "He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies."

In summary,

- **John 8:31-32**, "To the Jews who had believed him, Jesus said, "*If you hold to my teaching*, you are really my disciples. 32 **Then** you will know the truth, and the truth will set you free."

Am I imprisoned by fear? Why am I afraid to let people see the truth about my fears? What am I afraid to lose? Do I see the truth that God is bigger than my fears? Am I willing to surrender my fear-TO GOD-and leave the outcome to him?

Personal Notes:
